



MINNESOTA
International
Enneagram Association

March 13, 2020

Dear Friends,

In the spirit of care and concern for the health of our community and due to the potential spread of COVID-19, we are cancelling our March 19th chapter meeting and our April 18, Spring "Relationships" workshop with Sandra Smith.

We trust that if we take this seriously now, our actions will serve the greater good of our community.

We spoke with Sandra Smith about her workshop and the possibility of an online version. In light of the topic - relationships - and the nature of what she has planned, we decided this workshop would be best in person. We plan to invite Sandra back in the future. We will contact each registrant to confirm the refund of fees already paid for the Spring workshop. Our discussion groups will also be cancelled for March and April.

Please keep an eye on your inbox for updates on the May 19th chapter meeting and May discussion groups.

Katy Taylor, our dear friend who moved to Port Townsend, sent this poem and we want to share it with you.

Pandemic

What if you thought of it
as the Jews consider the Sabbath—
the most sacred of times?
Cease from travel.
Cease from buying and selling.
Give up, just for now,
on trying to make the world
different than it is.
Sing. Pray. Touch only those
to whom you commit your life.
Center down.
And when your body has become still,
reach out with your heart.
Know that we are connected
in ways that are terrifying and beautiful.
(You could hardly deny it now.)
Know that our lives
are in one another's hands.

(Surely, that has come clear.)
Do not reach out your hands.
Reach out your heart.
Reach out your words.
Reach out all the tendrils
of compassion that move, invisibly,
where we cannot touch.
Promise this world your love--
for better or for worse,
in sickness and in health,
so long as we all shall live.

--Lynn Ungar 3/11/20

We wish you health and happiness during these unusual times.

With Love,
Your MN-IEA Board

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