

**Join or Register TODAY at**  
[www.MN-IEA.org](http://www.MN-IEA.org)

**Minnesota Chapter of the International Enneagram Association (MN-IEA)** was founded in 1998 and is one of the largest local IEA chapters in the United States. Our mission is to offer opportunities for personal development through promoting awareness of the Enneagram, providing education about the Enneagram, and building the Enneagram community in Minnesota. Each year we offer a variety of innovative member events and workshops from a diverse range of Enneagram teachers and perspectives.

Annual MN-IEA dues are \$45 (or \$20 for those who are also members of the IEA). Our evening member meetings are free to members and first time guests. Members are invited to attend our annual Member Appreciation Brunch and to borrow materials from our extensive circulating library of Enneagram-related materials free of charge. Current members also receive a reduced rate on special full-day and weekend workshops hosted throughout the year that require advance registration.

Pay membership dues, register for workshops, and sign up for email notices and the MN-IEA electronic newsletter and learn about other local Enneagram events at our website: [www.MN-IEA.org](http://www.MN-IEA.org).

**International Enneagram Association (IEA)** is a nonprofit association committed to creating a world in which the Enneagram is widely understood and constructively used. Membership in the IEA at the "Participating" level costs \$85 per year. Other membership levels are available as well. Learn more and become a member by going to: [www.internationalenneagram.org](http://www.internationalenneagram.org)

**Minnesota Chapter  
International Enneagram Association**  
1166 Marshall Ave.  
St. Paul, MN 55104



**MINNESOTA**  
International  
Enneagram Association

2016-2017

Calendar  
of  
Events

You are invited!

# MN-IEA 2016-2017 Calendar of Events

Except as noted, all events are held at  
Carondelet Center, 1890 Randolph Ave., St Paul, MN 55105.  
For evening member meetings, doors open at 6:30 for  
networking, social time and use of library.  
The program is from 7-9 p.m. The meetings are free for  
members, students and 1st-time guests.

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## Fall Member Meetings:

**Tuesday, October 4, 2016**

*“IEA Conference Highlights and  
Take-aways”*

**Facilitated by: Debbi Horton**

Our first member event will be a chance to celebrate the IEA conference held in Minneapolis in July. If you were not able to attend, this will be a wonderful opportunity to experience highlights. For those who did attend, come and share your favorite conference moments. We will also highlight a few conference experiences in depth.

**Thursday, November 3, 2016**

*“Do or Die: What Motivates Each  
Enneagram Style to Grow  
and Change?”*

**Special Guest Presenter: Tom Condon**

We all have a vested interest in maintaining our personality defenses. Even when part of us wants to change, another part of us may hang on to an old pattern, hoping for an unconscious payoff or a perceived gain. To truly grow and change, your desire for a new way of functioning has to be stronger than the need to cling to old defenses. Come discover the positive and negative change motivations typical for each Enneagram style. As we locate these motivations within ourselves and learn how they are evoked in others, we discover how change can cost less than staying the same.

## Member Appreciation Brunch:

**Saturday, December 10, 2016**

*Doors open at 9:30 for networking and library  
Brunch and Program 10 a.m. - 1 p.m.*

*“Creating Space, Remembering Joy  
with Imagery”*

**Presented by: Kathleen Grittner**

Kathleen will introduce us to a fun and relaxing, yet powerfully transformative, intuitive collage process that can serve as a reminder of our essential qualities during the busy holiday season.

**NOTE: Brunch is free for members, but advance RSVP is required. (See [www.MN-IEA.org](http://www.MN-IEA.org) for details).**

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## Winter Member Meetings:

**Thursday, January 12, 2017**

*“The Tango of Sub-Types”*

**Presented By: Barbara Arney**

Observing the tricky footwork and driving music behind sub-type is not easy. This evening focuses on careful listening and subtle clues to intervene for a new way of dancing with ego.

**Tuesday, February 7, 2017**

*“The Enneagram and Your Inner Family”*

**Presented By: Katy Taylor**

Gurjieff teaches we are not one unified person but a collection of many separate selves. We will explore how the 9 types express as different parts of our inner family to keep our ego self going. Awakening is coming back to our innate wholeness by re-unifying these disparate parts so they live together in harmony.

**Tuesday, March 21, 2017**

*“Exploring the Intersection of Trauma, Loss,  
Grief and Type”*

**Presented By: Kathy Heuser**

We will explore themes of suffering and healing by type, increasing our understanding and compassion for our own and others' experiences of various forms of trauma and loss.

## Spring Workshop:

**April 22-23, 2017**

*Saturday 8:30-5:00*

*Sunday 9:00-4:00*

*Light refreshments and lunch provided.*

*Location and cost TBD. See [www.MN-IEA.org](http://www.MN-IEA.org) for details.*

## Russ Hudson

*“The Enneagram of Holy Ideas”*

At a deep level, the Enneagram is a map of wholeness; a way of recognizing and investigating different aspects and dimensions of our inner experience. In this workshop, we will look into the very foundation of our sense of self. We will use music, exercises and discussion to deepen Presence and explore the interface between our ego consciousness and the vast realm of freedom that is our True Nature.

Our True Nature perceives Reality as a magnificent, dynamic unity. The Holy Ideas highlight nine fundamental perspectives on this non-dual Reality, revealing how the world appears to a consciousness no longer distorted by the ego's sense of separateness. By contemplating the nine Holy Ideas and the corresponding nine Virtues, we are brought into a deeper communion with the depth of our Being and with the truth of Reality.

**NOTE: Advance Registration and payment required.  
(See [www.MN-IEA.org](http://www.MN-IEA.org) for details)**

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## Spring Member Meeting:

**Tuesday, May 16, 2017**

*“Free to Be: Breaking Out of  
Our Enneagram Cage”*

**Presented By: Anne Mureé**

Come and share stories of letting the striving of our Enneagram Type habits dissolve so we can blossom right where we are. Panel discussions, practical “how-to” information and more.