



YOU, YOUR MOTHER, AND YOUR TRUE SELF

GENERATIONAL HEALING WITH THE ENNEAGRAM

WITH ANNE MUREÉ



This intensive **women's retreat** weekend is about claiming our power and coming back to ourselves. It is for women of all ages, who want to take more joy in their life, connect with their creativity, and have the life that is waiting for them.

Participants will get clarity about ways in which our mother's history continues to influence our choices, health, beliefs and life. We will explore the spoken and unspoken messages and repeating family patterns passed to us by our foremothers.

We will create a space for healing and returning to our true nature using the Enneagram tool. We will further enhance our journey with feminine ways of learning; storytelling, ritual, music, imagination, intuition, spontaneous art making and much laughter.

Attend by yourself or with your sister, mother, daughter, friend, aunt...

In the library of every woman's life, our mother is the first book read and the last book put down.



Presenter, **Anne Mureé** is a transformational and spiritual coach and master Enneagram educator.

She has been facilitating adult groups for 30 years. Mother/daughter relationships through the lens of the Enneagram are of special interest for Anne, and she has been conducting these workshops for 10 years. Anne has studied and used the Enneagram in her work for 20 years. She is certified to teach the Enneagram by Helen Palmer and Dr. David Daniels and Don Riso and Russ Hudson. Anne has also studied with Claudio Naranjo. She is active in the Minnesota IEA Chapter and has served on the board of the International Enneagram Association.

www.annemuree.com

952-933-1320

Schedule:

- o Friday April 27th 2:00 to 8:00 pm
Check in at 1:00

The retreat program begins at 2:00, dinner at 5:15 and continues till 8:00 pm.

- o Saturday 9:00-8:00, includes lunch and dinner
- o Sunday 9:00-3:00 includes lunch

A one-hour telephone coaching session with Anne Mureé is included in the cost of the retreat.

Retreat Cost:

\$850 Retreat program with 2-nights, Single Private Room with bath
Lodging at Holy Wisdom Monastery, 4 meals and 2 continental breakfasts

\$795 Retreat program with 2-nights Double Shared Room (two single beds) with bath, 4 meals and 2 continental breakfasts

\$715 Commuter (no lodging) program and 4 meals

Lodging:

Lodging is available at the monastery on a first-come-first-serve basis.

*Register early if you want to stay at the Monastery. (see reverse for registration information)

Other lodging is available nearby. Contact Kathleen if you need additional nights lodging at Holy Wisdom.

FRIDAY APRIL 27TH, 2 PM TO SUNDAY APRIL 29TH, 3PM, 2018
AT HOLY WISDOM MONESTARY, MIDDLETON, WI
(SUBURB OF MADISON WISCONSIN)

**REGISTER TODAY FOR:
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GENERATIONAL HEALING WITH THE ENNEAGRAM**

**FRIDAY APRIL 27TH, 2 PM TO SUNDAY APRIL 29TH, 3PM, 2018
AT HOLY WISDOM MONESTARY**

Registration / Payment:

- A non-refundable deposit of \$150 holds your place.
- Full payment is due by **January 20, 2018** to secure you place.
- Payments may be made by credit card via PayPal or by check.

To register:

Contact Kathleen Grittner
Kathleen@FullCircleRetreat.com
952-920-2384

*By registering for this retreat you agree to the cancellation policy below.

Cancellation Policy:

Your non-refundable deposit of \$150 will hold your place. The full balance must be paid by January 20, 2018 to guarantee your place in the retreat and lodging at the monastery. After January 20, 2018 only full payments will be accepted. If you pay in full and cancel before January 20th, a full refund, less \$150 will be given. No refund will be given for cancellations made after January 20th.

About Holy Wisdom Monastery, Travel Information

Holy Wisdom is a contemporary monastery overlooking Lake Mendota in Middleton, Wisconsin, just 20 minutes by taxi from downtown Madison and the airport (MSN).

This quiet natural setting is surrounded by 138 acres of prairie, a glacial lake, woodlands, four miles of walking trails, gardens and orchards. It is a beautiful contemplative atmosphere conducive to personal healing and regeneration.

**HOLY WISDOM MONASTERY
4200 COUNTY ROAD M,
MIDDLETON, WISCONSIN 53562
WWW.BENEDICTINEWOMEN.ORG**